

## Year 5 and 6 Statutory Spellings

accommodate	category	determined	forty	marvellous	programme	soldier
accompany	cemetery	develop	frequently	mischievous	pronunciation	stomach
according	committee	dictionary	government	muscle	queue	sufficient
achieve	communicate	disastrous	guarantee	necessary	recognise	suggest
aggressive	community	embarrass	harass	neighbour	recommend	symbol
amateur	competition	environment	hindrance	nuisance	relevant	system
ancient	conscience	equipment	identity	occupy	restaurant	temperature
apparent	conscious	equipped	immediate	occur	rhyme	thorough
appreciate	controversy	especially	immediately	opportunity	rhythm	twelfth
attached	convenience	exaggerate	individual	parliament	sacrifice	variety
available	correspond	excellent	interfere	persuade	secretary	vegetable
average	criticise	existence	interrupt	physical	shoulder	vehicle
awkward	curiosity	explanation	language	prejudice	signature	yacht
bargain	definite	familiar	leisure	privilege	sincere	
bruise	desperate	foreign	lightning	profession	sincerely	

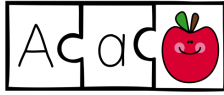


# How to help me at home Year 6



1x table	2x table	3x table	4x table	5x table	6x table
1 × 1 = 1	1 × 2 = 2	1 × 3 = 3	1 × 4 = 4	1 × 5 = 5	1 × 6 = 6
2 × 1 = 2	2 × 2 = 4	2 × 3 = 6	2 × 4 = 8	2 × 5 = 10	2 × 6 = 12
3 × 1 = 3	3 × 2 = 6	3 × 3 = 9	3 × 4 = 12	3 × 5 = 15	3 × 6 = 18
4 × 1 = 4	4 × 2 = 8	4 × 3 = 12	4 × 4 = 16	4 × 5 = 20	4 × 6 = 24
5 × 1 = 5	5 × 2 = 10	5 × 3 = 15	5 × 4 = 20	5 × 5 = 25	5 × 6 = 30
6 × 1 = 6	6 × 2 = 12	6 × 3 = 18	6 × 4 = 24	6 × 5 = 30	6 × 6 = 36
7 × 1 = 7	7 × 2 = 14	7 × 3 = 21	7 × 4 = 28	7 × 5 = 35	7 × 6 = 42
8 × 1 = 8	8 × 2 = 16	8 × 3 = 24	8 × 4 = 32	8 × 5 = 40	8 × 6 = 48
9 × 1 = 9	9 × 2 = 18	9 × 3 = 27	9 × 4 = 36	9 × 5 = 45	9 × 6 = 54
10 × 1 = 10	10 × 2 = 20	10 × 3 = 30	10 × 4 = 40	10 × 5 = 50	10 × 6 = 60
11 × 1 = 11	11 × 2 = 22	11 × 3 = 33	11 × 4 = 44	11 × 5 = 55	11 × 6 = 66
12 × 1 = 12	12 × 2 = 24	12 × 3 = 36	12 × 4 = 48	12 × 5 = 60	12 × 6 = 72
7x table	8x table	9x table	10x table	11x table	12x table
1 × 7 = 7	1 × 8 = 8	1 × 9 = 9	1 × 10 = 10	1 × 11 = 11	1 × 12 = 12
2 × 7 = 14	2 × 8 = 16	2 × 9 = 18	2 × 10 = 20	2 × 11 = 22	2 × 12 = 24
3 × 7 = 21	3 × 8 = 24	3 × 9 = 27	3 × 10 = 30	3 × 11 = 33	3 × 12 = 36
4 × 7 = 28	4 × 8 = 32	4 × 9 = 36	4 × 10 = 40	4 × 11 = 44	4 × 12 = 48
5 × 7 = 35	5 × 8 = 40	5 × 9 = 45	5 × 10 = 50	5 × 11 = 55	5 × 12 = 60
6 × 7 = 42	6 × 8 = 48	6 × 9 = 54	6 × 10 = 60	6 × 11 = 66	6 × 12 = 72
7 × 7 = 49	7 × 8 = 56	7 × 9 = 63	7 × 10 = 70	7 × 11 = 77	7 × 12 = 84
8 × 7 = 56	8 × 8 = 64	8 × 9 = 72	8 × 10 = 80	8 × 11 = 88	8 × 12 = 96
9 × 7 = 63	9 × 8 = 72	9 × 9 = 81	9 × 10 = 90	9 × 11 = 99	9 × 12 = 108
10 × 7 = 70	10 × 8 = 80	10 × 9 = 90	10 × 10 = 100	10 × 11 = 110	10 × 12 = 120
11 × 7 = 77	11 × 8 = 88	11 × 9 = 99	11 × 10 = 110	11 × 11 = 121	11 × 12 = 132
12 × 7 = 84	12 × 8 = 96	12 × 9 = 108	12 × 10 = 120	12 × 11 = 132	12 × 12 = 144

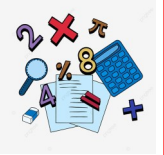
## Phonics/Spelling



- Ask me what my weekly spellings are and ask me to spell them.
- Play table tennis spellings, you say a letter, I say a letter .
- Notice the spelling pattern and find new words .
- Practise words from the Year 5 and 6 spelling list (see the back page).

Useful Websites: [https://www.spellzone.com/word\\_lists/games-368726.htm](https://www.spellzone.com/word_lists/games-368726.htm)

## Maths



- Talk together and have fun with numbers, talk about large numbers in the environment , such as scores on a game or how many words your child has read on accelerated reader. Spot large numbers when you are out and about.
- When cooking at home, talk about fractions (half, quarter, thirds). Discuss cooking times and how to calculate how much to cook.
- Ask your children quickfire multiplication questions (see the back page).
- When shopping try to get some maths practised by working out prices and change.

Useful Websites: <https://www.topmarks.co.uk/Search.aspx?q=year%206>

## Reading



- Remind your child to read their reading book. Encourage them to read silently to themselves but check their understanding of what they have read after doing so.
- Give your child access to plenty of texts on many different topics and by a wide range of authors who write in different styles, e.g. Roald Dahl, Michael Morpurgo to Anthony Horowitz.
- Read on Myon at least once or twice a week.

Useful Websites: <https://www.myon.co.uk/login/> <https://www.oxfordowl.co.uk/>

## Ready for school



- Help me maintain a good routine for going to bed, waking up and getting ready for school.
- Good sleep is important for your child's physical and mental wellbeing. Children in Year 6 should sleep for 9-12 hours.
- Read at bedtime, and try to avoid screens at least one hour before bedtime, this will help to ensure a restful nights sleep.
- Have a positive attitude and please remember your learning logs, every Wednesday.

Useful Websites: <https://www.nhs.uk/live-well/sleep-and-tiredness/healthy-sleep-tips-for-children/>

## Writing



- Encourage your child to write about their heroes, favourite books, sports events, hobbies and interests to help keep them interested in what they are writing about
- Start a blog about a family interest. Find a topic you're all interested in and set up your own blog.
- Write short stories or a journal - on paper or on a computer - can help them to write about their experiences and their own feelings about things that have happened

Useful Websites: Try this fantastic website with videos for you to learn about everything English. <https://www.bbc.co.uk/bitesize/subjects/zv48q6f>

## Being healthy



- Aim for an average of at least 60 minutes of moderate intensity physical activity a day across the week. This could be: walking to school, playground activities, riding a scooter, skateboarding, rollerblading or walking the dog .
- Eat a well-balanced diet, include foods from all different food groups and check the following website for more advice on the health eating plate
- Remember the importance of good dental hygiene. Ensure that your child brushes their teeth twice a day.

Useful Websites: <https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/>